

ARISE INDIVIDUAL HEALTH PLANS

Affordable coverage for individuals and families

Effective Jan. 1, 2019

Individual Plan Summaries

Silver, Bronze, and Catastrophic

Health Maintenance Organization (HMO) Standard Plans		You Pay (In-Network Services)*									
Metal Tier	Individual Deductible ¹	Coinsurance	Individual Annual Max Out of Pocket ¹	Teladoc Visit	Retail Clinic Visit	PCP Visit	Specialty Visit	Emergency Room	Outpatient Lab/X-ray	Outpatient Surgery	Hospitalization
Silver	\$3,500	20%	\$7,900								20% after deductible
Bronze ²	\$4,700	20%	\$7,900								20% after deductible
Bronze	\$7,900	0%	\$7,900								No charge after deductible
Catastrophic ^{2,3}	\$7,900	0%	\$7,900								No charge after deductible

Prescription Drugs: Preventive: \$0; All others: deductible and coinsurance

Health Maintenance Organization (HMO) High-Deductible Standard Plans		You Pay (In-Network Services)*									
Metal Tier	Individual Deductible ¹	Coinsurance	Individual Annual Max Out of Pocket ¹	Teladoc Visit	Retail Clinic Visit	PCP Visit	Specialty Visit	Emergency Room	Outpatient Lab/X-ray	Outpatient Surgery	Hospitalization
Bronze	\$5,500	30%	\$6,750								30% after deductible
Bronze	\$6,750	0%	\$6,750								No charge after deductible

Prescription Drugs: Preventive: \$0; All others: deductible and coinsurance

Point-of-Service (POS) Standard Plans		You Pay												
Metal Tier	Individual Deductible ¹		Coinsurance		Individual Annual Max Out of Pocket ¹		At Participating Providers ⁵							
	In Network	Out of Network	In Network	Out of Network	In Network	Out of Network	Teladoc Visit	Retail Clinic Visit	PCP Visit	Specialty Visit	Emergency Room	Outpatient Lab/X-ray	Outpatient Surgery	Hospitalization
Bronze	\$7,900	\$15,800	0%	30%	\$7,900	\$21,800								No charge after deductible

Prescription Drugs: Preventive: \$0; All others: deductible and coinsurance

Point-of-Service (POS) High-Deductible Standard Plans		You Pay												
Metal Tier	Individual Deductible ¹		Coinsurance		Individual Annual Max Out of Pocket ¹		At Participating Providers ⁵							
	In Network	Out of Network	In Network	Out of Network	In Network	Out of Network	Teladoc Visit	Retail Clinic Visit	PCP Visit	Specialty Visit	Emergency Room	Outpatient Lab/X-ray	Outpatient Surgery	Hospitalization
Bronze	\$5,500	\$11,000	30%	50%	\$6,750	\$21,000								30% after deductible

Prescription Drugs: Preventive: \$0; All others: deductible and coinsurance

High-quality health plans

- **HMO plans** deliver great value, **POS plans** give you choices, and **HSA-Qualified High-Deductible Health Plans (HDHP)** offer more control.
- **Telehealth services** from Teladoc®—connect with a licensed physician over the phone or via video consult 24/7/365. Effective Jan. 1, 2019, behavioral health and dermatology services will be available.
- **\$0 preventive care** includes 100% coverage for preventive services when performed by a participating provider. Preventive care services include routine exams, screenings, immunizations, and other services ranked A or B by the U.S. Preventive Services Task Force.

Preventive drugs include specific supplements, contraceptives, immunizations, and other preventive drugs ranked A or B by the U.S. Preventive Services Task Force.

¹Family deductibles and out-of-pocket limits are 2x the individual amounts.

²Plan includes 3 FREE PCP visits per year.

³Catastrophic is only available to people under age 30 or who qualify for a hardship exemption from the Federally Facilitated Marketplace.

⁴Services provided out of network are not covered under our HMO plans, except for some emergency services.

⁵Services provided out of network are subject to the out-of-network deductible and coinsurance amounts under our POS plans, except for some emergency services.



You have choices to fit your budget

You and your family want high-quality health insurance to protect your pocketbook. That's why all of our health plans give you full access to in-network health care providers and allow you to see in-network specialists without a referral. Some services will require review and prior authorization. Take a look at our plan designs on the previous page and see which one best fits your health needs and budget.

HSA-qualified plans can help you save money

If you want more control over your health care expenses, take a look at one of our high-deductible health plans (HDHPs). These plans allow you to contribute to a tax-favored, personal Health Savings Account (HSA). The tax-free money you put into your HSA can be used to pay for qualified health care expenses.

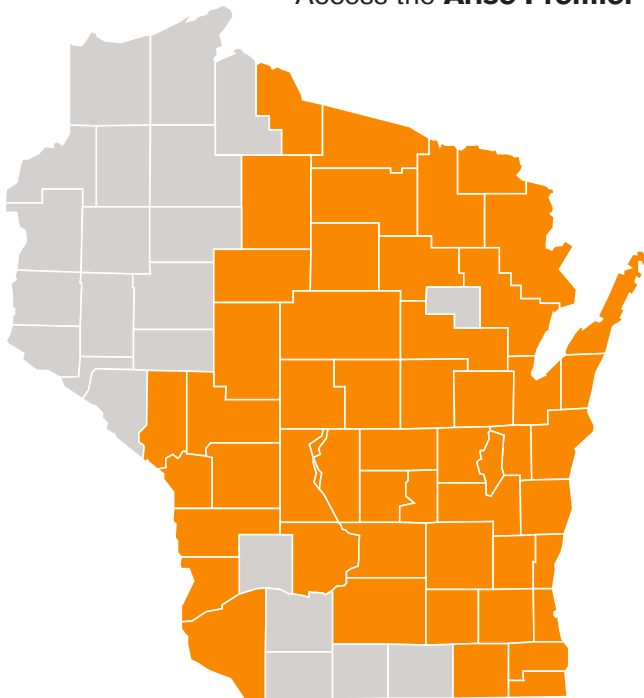
HSAs are administered and/or maintained by a participating financial institution. Arise Health Plan does not operate or administer HSAs.

Arise plans are sold in these counties

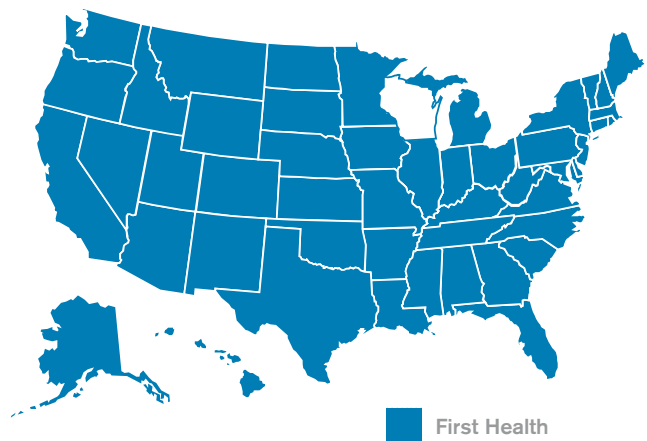
- Brown
- Calumet
- Dodge
- Door
- Fond du Lac
- Green Lake
- Kewaunee
- Manitowoc
- Marinette
- Marquette
- Oconto
- Outagamie
- Ozaukee
- Sheboygan
- Washington
- Waukesha
- Waupaca
- Waushara
- Winnebago

Exclusive Wisconsin coverage and more!

Access the **Arise Premier** network of providers.



Complementary Network: Access a First Health Complementary Network provider for emergency services outside of Wisconsin for lower out-of-pocket costs.



» Contact us for your individual health plan!

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Call: 866-841-6575

Mail: Arise Health Plan
P.O. Box 11625
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