

# You now have access to Adolescent Mental Health care

Therapy and support for  
teens ages 13-17



With everything going on in the world, teenagers are experiencing more emotional pressure than usual. This has led to increased reports of depression, anxiety and behavioral issues. If you're worried about your teen, you can access your Teladoc Health Adolescent Mental Health service at any time.

## Our licensed therapists specialize in supporting teens who need help with:



- Depression
- Anxiety
- Eating disorders
- Substance use
- Domestic violence
- LGBTQ needs
- Relationships
- Sexual abuse
- Codependency
- Sexual/reproductive health
- ADHD
- Processing divorce

## How it works:

- 1 Add your adolescent as a covered dependent on your account. Fill out the consent and intake forms.
- 2 From the parent/guardian account, choose a therapist who your teen would like to meet. Select a day and time that works for both of you.
- 3 Attend the beginning of your teen's first therapy visit. Parent/guardian attendance is only required for the first visit.

## Find a therapist for your teen

Visit [Teladoc.com](https://www.teladoc.com)

Call 1-800-TELADOC (800-835-2362) | Download the app  

Parent/guardian must be present at the beginning and end of each initial provider visit. Not required for ongoing visits.

Health plans are underwritten by the Wisconsin Physicians Service Insurance Corporation. Fees billed by our approved telehealth provider or selected participating telehealth provider are subject to change. Teladoc general medical services, mental health, dermatology, and P360 are available to all fully-insured groups. Teladoc general medical services, mental health and dermatology are available to WPS Freedom Essentials level-funded groups, but P360 is offered as an optional buy up. Teladoc general medical services, mental health, dermatology, and P360 are offered as optional buy ups for WPS Powered by Auxiant ASO groups. Teladoc P360 is not available for WPS Individual Health plans. Teladoc mental health, dermatology and P360 are not available for WPS Short-Term Health plans. Please call the number on your WPS ID card to verify Teladoc benefits available. © Teladoc Health, Inc. 2 Manhattanville Rd. Ste 203, Purchase, NY 10577. All rights reserved. The marks and logos of Teladoc Health and Teladoc Health wholly owned subsidiaries are trademarks of Teladoc Health, Inc. All programs and services are subject to applicable terms and conditions.